

Esophageal Motility Study

VICTORIA GENERAL HOSPITAL
#1 Hospital Way, Victoria, BC, V8Z 6R5



Your physician has arranged for an esophageal motility test for you to be performed in the GI Motility Clinic at the Victoria General Hospital.

Please check in at the VGH Endoscopy department. From the front entrance of the hospital, just past Good Earth café, turn right. Go to the end of the hall and turn right to arrive at the VGH Endoscopy admission desk.

DATE: _____ **TIME:** _____

Duration: 30 minutes

Procedure: A tube will be inserted through your nose into your stomach. Measurements will be taken of the contraction and relaxation of the muscles in your esophagus as you swallow.

Preparation:

- **Please have nothing to eat or drink for 6 hours prior to this procedure (except sips of water for allowed medications or a light snack 4 hours prior if necessary ie. diabetic)**

****IMPORTANT****

- **For motility test only, please discontinue medications as follows:**

DISCONTINUE 24 HOURS PRIOR TO TEST:

Losec (Omeprazole)	Modulon (Trimebutine)	Motilium (Domperidone)
Pro Banthine	Prevacid (Lansoprazole)	Nexium (Esomeprazole)
Pariet (Rabeprazole)	Pantoloc (Pantoprazole)	Tecta (Pantoprazole magnesium)
Urecholine	Dexilant (dexlansoprazole)	Maxeran (Metoclopramide)

- **If you are also having the 24 hour pH study please follow medication instructions for that test. *(Failure to follow these instructions may result in your test being rescheduled)***

If you have any questions or are unsure about your medications, please ask your referring Doctor or call the GI Motility Clinic at (250) 727-4133 between 8:00 am-3:30 pm Mon – Fri.